



The Annual Catholic Women's League Newsletter

Catholic Women's League Board

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The Blue Letter

Fall is upon us, the leaves are starting to turn, and the carefree days of summer have passed. This time marks the beginning of many things, including the new year for the Holy Redeemer Catholic Women's League. To learn of the exciting and fantastic plans for the CWL this year, the Annual Catholic Women's League Newsletter (the Blue Letter) is your source!

The Catholic Women's League provides support and connection to the Holy Redeemer parish, church, and community through social activities, spiritual opportunities, and service events. **All women of the Holy Redeemer parish are automatically members of the CWL.** All you ladies have to do is get involved!

This organization is such a great way to get to know other women of the parish of all ages and from all stations in life. In addition, you can grow in your spirituality and serve the community and the parish. There are a variety of social, spiritual, and service opportunities every year, and this year brings several great ones. I am sure that you will find something that interests you. The CWL also looks for new ideas and chances to serve, so if there is something you would like to see added to our calendar, let us know!

Listed below are the events that the CWL will currently host throughout the year. Find a couple that interest you, mark your calendar, and attend! Also, we will be actively seeking volunteers throughout the year to help with the planning of some events, including the annual Holy Redeemer Fish Fry, so please consider helping out. It's a great way to get or stay involved!

The CWL kick-off event of the year is the Fall Bash on October 12. This is a wonderful night of food, fellowship, and fun as it offers a chance to meet or reconnect with the women of the parish and learn more about the CWL. I hope to see many of you there. Come alone, or bring a few friends – all women of the parish are welcome!

If you have questions or suggestions, please let us know. The contact information for the Board and Event Leads is listed on the left. Also, please follow us on our Facebook page, Holy Redeemer CWL, to stay updated on our upcoming news and events. We look forward to seeing you soon!

In sisterhood, service, and spirit,

Stephanie Heavey

CWL President

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Lenten Morning of Reflection

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Fish Fry

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CWL UPCOMING EVENTS CALENDAR

Fall Bash *COMING UP*: Thursday, October 12, 2023, 6:30-9:30 PM

A night not to be missed! This fun evening of cocktails and catching up is the perfect opportunity to mix and mingle with friends and learn more about the CWL. Drinks, appetizers, and desserts will be served. An optional contribution of \$25 may be paid at the door or via PayPal (HRCWL); this donation benefits the CWL's mission and outreach efforts.

A special thanks to Mary Rose for hosting this event!

Advent by Candlelight: Tuesday, December 5, 2023

Take a break from the hustle and bustle of the holiday season to listen to an inspirational reflection from Susan O'Leary. This event will return to the Church Meeting Room, and decorated tables will be hosted by women of the CWL, providing dessert, coffee, and tea..

Progressive Dinner: Saturday, January 27, 2024

This always popular annual event – and the CWL's biggest fundraiser – returns in January. Start the evening with appetizers and cocktails, proceed to dinner, then meet up with your friends and finish out the night with dessert and drinks. **The cost is \$50 per person and reservations are required.** Our wonderful night would not be possible without our cocktail, dinner, dessert hosts opening their homes, so please consider hosting or co-hosting at your home. Additional details to follow.

Lenten Morning of Reflection: Tuesday, February 27, 2024

Join your fellow CWL members for a morning to pause and reflect during the Lenten season. This year's guest speaker is Mary Lou Bennett. A light breakfast and coffee will be provided.

Holy Redeemer Fish Fry: Friday, March 1, 2024

Fish, fun, family, friends, fundraising, and A BEER CART! Need we say more? This popular community event co-hosted by the CWL and the HR Men's Club is always a good time.

Church Spring Cleaning: Wednesday, March 27, 2024

Help Holy Redeemer shine by assisting with the spring cleaning of the church.

Eighth Grade Mother's Luncheon: Sunday, May 5, 2024

This festive lunch honors the mothers of eighth-grade graduates of the Holy Redeemer day school and PSR communities.

Funeral Assistance for Holy Redeemer Parish Women

Assisting in the funerals of the deceased parishioners of Holy Redeemer is one of the most deeply spiritual services the CWL provides.

- **Honor Guard** pays special tribute to the deceased women of our parish. During the funeral procession, CWL members "light the way home" by lining the church altar or center aisle with lit candles.
- **The Marthas & Marys** coordinate post-funeral luncheon receptions by providing setup, food, and post-event cleanup.

St. Patrick's Center Casserole Program for the Homeless

St. Patrick's Center is the leading homeless service organization in the region with St. Louis Archdiocesan parishioners providing over 100,000 meals per year to the homeless. Volunteers at Holy Redeemer provide a simple spaghetti and meat sauce casserole once a month. Three volunteer 'teams' commit to making one casserole per quarter. This is a very simple way to make a significant impact in our community. We are always accepting new team members!
